



Tender Invitation
Provision of Supervised Exercise Training Service in
Rehabilitation Centre for
the Comprehensive Community Rehabilitation (CCR) Programme

[Service Period: 1 July 2027 – 30 June 2031]

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Part 1 Introduction

- 1.1** The Pneumoconiosis Compensation Fund Board (PCFB) cordially invites tenderers to submit tenders for the provision of Supervised Exercise Training Service in Rehabilitation Centre to support the Comprehensive Community Rehabilitation (CCR) Programme (the Programme) that has been launched since September 2016, serving patients with pneumoconiosis and/or mesothelioma in Hong Kong. For more information, please refer to PCFB website www.pcfb.org.hk and the mobile app.

Download links for PCFB mobile app (Search : 「沙塵仔 — 防塵有計」):

Apple	https://apps.apple.com/hk/app/沙塵仔-防塵有計/id6752851081
Android	https://play.google.com/store/apps/details?id=com.pcfb.anniversary.app.prd
AppGallery	https://appgallery.huawei.com/#/app/C115329377

1.2 Statutory Functions of Pneumoconiosis Compensation Fund Board (PCFB)

According to the Pneumoconiosis and Mesothelioma (Compensation) Ordinance, PCFB has the following functions:

- a. To administer the fund;
- b. To make recommendations to the Government with respect to the rate of levy;
- c. To conduct and finance educational, publicity, research and other programmes to prevent pneumoconiosis and mesothelioma and to conduct and finance programmes for the rehabilitation of persons suffering from the above diseases;
- d. To administer funds received from the Government and designated by the Government as ex-gratia payments to persons diagnosed before 1 January 1981 to be suffering from pneumoconiosis; and
- e. To perform such other duties as are imposed on it by this Ordinance.

[Section 26(1), Cap 360, Pneumoconiosis and Mesothelioma (Compensation) Ordinance]

1.3 Number of registered patients in Hong Kong and related information

As at 31 July 2026, there were 1 404 surviving cases in Hong Kong, including 1 395 patients receiving compensation under the PMCO and 9 ex-gratia patients. Profile of our patients are shown in Appendix I.



Part 2 Comprehensive Community Rehabilitation (CCR) Programme

Since September 2016, the Programme has been launched with objectives to extend the rehabilitation service's scope from hospital to the community.

The Programme consists of two parts:

- 1) **Health Assessment:** A professional team formed by our hospital partner conducts regular health assessments and develops individualized care plans and exercise prescriptions for our patients with pneumoconiosis and/or mesothelioma in Hong Kong, using a case management approach to ensure coordinated care.
- 2) **Supervised Exercise Training Services:** Patients participate in supervised exercise training in rehabilitation centres, delivered in accordance with their individualized exercise prescriptions.

About the Tender

The tender invites qualified service providers to deliver the above-mentioned Supervised Exercise Training services led by professional physiotherapists (PTs) with a valid practising certificate issued by the Physiotherapists Board of Hong Kong.

2.1 Objectives

- a. To provide a holistic and comprehensive rehabilitation service for patients with pneumoconiosis and/or mesothelioma, who require rehabilitation support; and
- b. To improve or maintain their physical functioning level and overall quality of life.

2.2 Targets

Patients whose physical conditions permit participation in regular exercise training at a rehabilitation centre.

2.3 Service Period

The service will span 4 years, from 1 July 2027 to 30 June 2031.

2.4 Additional Information about the CCR Programme

- a. Flowchart of CCR Programme is shown in Appendix II.
- b. Samples of exercise prescription are stated in Appendix III.



Part 3 Roles of Service Provider (SP) and PCFB

3.1 Roles of the SP

3.1.1 Service provision

Provide the supervised exercise training service in accordance with the technical requirements specified in Part 6, to meet the needs of PCFB patients.

3.1.2 Records, data submission, and reporting

1. Keep proper patient records and submit relevant information to PCFB or make such information available to PCFB upon request.
2. Submit requested documents or data to PCFB in provided or approved formats within the following timeframe:
 - a. Monthly attendance report and summary with patients' signature, monthly no-show and follow-up actions summary (including but not limited to contact attempts, reasons for absence, and rebooking arrangements) within 10 days of the following month.
 - b. Progress report: within 1 month of a request from Case Managers of PCFB.

3.1.3 Monitoring, audit, and service review

1. Allow and facilitate monitoring, control, and auditing of the Programme by PCFB personnel, where applicable.
2. Attend meetings with Case Managers and other staff of PCFB to review patients' cases and service as requested.

3.1.4 Personal data privacy and retention

1. Safeguard all procedures for handling personal data in accordance with the Personal Data (Privacy) Ordinance (PDPO).
2. All data should be retained within service period with secure data protection measures, and without PCFB's approval, shall not be destroyed or transferred within the service period.

3.1.5 Publicity support

Assist and facilitate PCFB to launch publicity campaigns to promote the service to patients.

3.1.6 Subcontracting

1. Preference will be given to the tenderers who are capable to manage all tasks in the Programme without subcontracting any task or item to a third party.
2. If tenderers will subcontract any service, they should include the information below in their Technical Proposal:
 - a. Item/service to be subcontracted;
 - b. Information of the subcontractor(s);
 - c. Years of cooperation between the tenderer and the subcontractor(s);
 - d. Justifications for choosing the subcontractor(s);
 - e. Quality control mechanisms; and
 - f. Other information considered appropriate by the tenderer.



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3. Approval of subcontracting to specific subcontractor(s) is at the sole discretion of PCFB.
 - a. PCFB will not enter any contractual relationship with subcontractors but it reserves all rights to request the tenderer to perform PDPO and other operational audits with the subcontractors. PCFB also reserves all rights to arrange audit check to subcontractor(s) upon request.
 - b. During the contract period, the SP should seek the Secretariat of PCFB's prior approval with justifications before engaging or changing any subcontractors.

3.2 Roles of PCFB

1. Monitor the Programme, ensuring that all services are delivered effectively and align with the objectives.
2. Provide full financial support for the services. Fees charged by the SP must comply with the requirements set out in Part 9 (Guidelines and Requirements of Price Proposal) of this tender document.
3. Recruit suitable patients and refer to the SP.
4. No minimum utilisation guaranteed: PCFB does not guarantee any minimum number of attendances or utilisation of the session quota reserved for PCFB patients.
5. Assign a Case Manager from PCFB working closely with the SP to monitor and control the progress of work, data management, PDPO audit and any other relevant matters.
6. Launch publicity campaigns to promote the service to patients.
7. Provide advice to the SP and conduct regular checks on the SP's services to ensure service quality.
8. Centre selection and transfer: The selection of centre(s) is determined solely by PCFB. PCFB may, at its discretion, re-allocate or transfer patients to other centre(s) at any time without being required to provide reasons to the original centre(s).



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Part 4 Payment

Payment to the SP will be made on a monthly basis, subject to the submission of all required supporting documents and information to PCFB's satisfaction. Payments will be calculated based on the following conditions:

1. A standard 60-minutes unit charge is eligible for payment.
2. Payment will only be made for eligible patients.
3. Not accepting other-related fee.

Part 5 Termination

Either party may terminate the Agreement, entered into following the award of services, by providing the other party with at least 30 days' prior written notice. Furthermore, PCFB reserves the right to terminate the Agreement if the SP breaches any of its terms or conditions.



Part 6 Requirements of Rehabilitation Centre

6.1 Minimum Equipment Requirements

1. The centre shall provide, at a minimum, the equipment necessary to deliver the prescribed exercises. **This must include (but not limited to) the following exercise items (I to III), or equivalent equipment that enables the same exercise items.**
2. Tenderers may propose alternative equipment capable of delivering the same exercise items, provided they submit a complete list of all equipment available in the centre as part of the Technical Proposal.

	Exercise Item	Content	Necessary Equipment (or equivalent)
(I)	Endurance / Aerobic Exercises	a. Walking training	Treadmill
		b. Cycling training	Stationary bike
(II)	Strengthening / Resistance	a. Leg-lifting on chair b. Forward push with both hands c. Walking on the spot	a. Sandbags/ankle weights b. Theraband/resistance putty c. Space for functional training/weighted options as appropriate
		Shoulder exercises	Pulley set
		Breathing exercises	Theraband/Putty
		a. Chest Press b. Bicep Curl c. Scapula back stretches	Multi-gym Machine
		Walking and Stepping	Stepper
(III)	Balance	Balance Training	Balance Disc

6.2 Service Days and Capacity

1. Services are required mainly on weekdays. The SP must specify the service days of their centre(s), which could provide services to PCFB patients.
2. The SP should specify both a maximum number of sessions and a minimum guaranteed number of sessions for PCFB patients during weekdays per week and per month. Preference will be given to the service providers that can offer more sessions.

6.3 First Aid, Safety and Patient Support Facilities

1. The centre must maintain adequate on-site first-aid readiness, including appropriate first-aid equipment/supplies and the presence of a certified first-aider during operating hours and exercise sessions.
2. Provision of an Automated External Defibrillator (AED) is strongly preferred and will be considered an advantage.
3. A resting area must be available for patients to rest during and/or after exercise.
4. A waiting area for carers is encouraged to be provided.



6.4 Staffing, Qualifications & Roles

1. The SP is required to ensure that at least one physiotherapist (PT) with a valid practising certificate issued by the Physiotherapists Board of Hong Kong involved in the Programme for supervision and/or monitoring, holds a valid practising certificate, and has at least 5 years of post-registration experience in relevant physiotherapy practice.
2. The PT should:
 - a. monitor patients to ensure that exercises are performed in accordance with exercise prescriptions and provide appropriate supervision as necessary;
 - b. conduct an initial assessment prior to each patient's first formal exercise session;
 - c. recommend an appropriate exercise level for each patient for reference by the assessment team;
 - d. discuss the care plan and targets with patients and, where applicable, their carers, and support compliance with the agreed care plan and targets.
3. Any designated supporting staff involved in the Programme (if applicable) must hold relevant qualifications and training (e.g., physiotherapy assistant certificate), and have relevant practical experience.
4. The SP must include CV(s) of staff responsible for the Programme in the Technical Proposal, and submit updated CV(s) to the Secretariat of PCFB for approval whenever there is any staff turnover affecting Programme personnel.

6.5 Coordination, Reporting and Incident Management

1. The Centre PT must work in close coordination with, and maintain regular communication with, the Case Manager.
2. Any non-compliance or clinically significant deterioration in a patient's condition must be escalated to the Case Manager at the earliest opportunity.
3. Any incident occurring during an exercise session that results in hospital admission must be reported to PCFB immediately.

6.6 Insurance Requirements

The SP must maintain adequate insurance coverage for their staff, PCFB patients, other relevant visitors, and the Programme.

6.7 Recommended Exercise Frequency

1. Recommended frequency (general guide): Up to a maximum of 3 sessions per week for patients.
2. A patient's actual attendance frequency is determined by the patient, subject to the maximum frequency specified in the exercise prescription.



Part 7 Other Information

7.1 Patient Records

1. The awarded SP should establish a separate system (both hard copies and electronic files) with proper backup and security controls.
2. The Patient Records herein, refer to all records including but not limited to care plans, case reports, progress reports, final reports, monthly statistics, monthly summaries and other information applicable.
3. The Patient Records should be submitted to PCFB in specific formats, submission channels and at regular intervals as required by the PCFB.
4. PCFB and SP should both be data owners of the above information.
 - a. The SP shall send the whole set of records and transfer all related data to PCFB or its designated organisations within two weeks of termination of the service contract. Upon such submission, the SP shall immediately cease using the records and related data. The SP shall obtain PCFB's written approval before permanently destroying any copies of patient records in its possession, custody, or control.
 - b. In all circumstances, the SP should strictly comply with the requirements of the Personal Data (Privacy) Ordinance (PDPO)(Cap. 486) to ensure that personal data kept is accurate, securely kept and used only for the purpose for which they have been collected. Any person who controls the collection, holding, processing or use of personal data such as Patient Records should take extra precautions to ensure that the relevant laws on personal data (privacy) and all the codes and guidelines issued by the Privacy Commissioner for Personal Data from time to time are complied with and that effective security measures are adopted to protect personal and sensitive data.
 - c. All patient records should be kept by the SP during the service period, and without PCFB's approval, shall not be destroyed or transferred within the service period.

7.2 Quality Assurance

1. A quality assurance system should be designed and implemented to ensure high standard of service for patients. Details of the system should be included in the Technical Proposal. The comprehensiveness, frequency, feasibility, and reliability of monitoring will form part of the technical evaluation criteria.
2. A robust supervisory mechanism is an integral part of the quality assurance system. Please refer to the roles of PCFB when formulating the system.



Part 8 Guidelines and Requirements of Technical Proposal

8.1 Tenderers are advised to read the following notes carefully before completing the Technical Proposal.

1. The Technical Proposal shall not be more than 50 pages in A4 size paper either in English or Chinese (with margins not less than 25mm and character font size not less than 12). Pages after the first 50 pages will not be considered in the tender assessment. Supplementary materials such as annexes and documentation will be excluded from the total page count.
2. The Technical Proposal should be submitted with the following information:
 - Technical Proposal Form (Appendix IV)
 - Executive summary with one or two pages for the proposal;
 - An introduction about the tenderer and its experience in related services as well as the contact information of its authorized representative(s) stated in the tender.;
 - Name and CVs of key personnel (limited to a maximum of 2 pages each);
 - Proposed services should be aligned with the tender requirements with the details listed below. If the tenderer proposes more than one centre, the following information must be provided for each centre.
 - a. Detailed descriptions of the whole service and implementation plan;
 - b. The centre's background, experience in providing similar services, location, centre size, with a floor plan and photos provided;
 - c. Number, model, and years in use of the equipment and/or facilities available to meet the requirements of Part 6, with photos provided;
 - d. The service days and hours for PCFB patients, and explain how the centre(s) can be accessed by public transportation, and with an accessible route from the centre entrance to the passenger loading area (wheelchair accessible);
 - e. Current service capacity information, including the approximate number and types of clients currently served per month;
 - f. The minimum sessions guaranteed and the maximum sessions to be offered to PCFB patients for the Programme per week and per month, and specify the crowd control plan;
 - g. Information of the professional staff (including relevant qualifications and experience where applicable, CVs of the personnel should be provided);
 - h. Personal data record and protection measures;
 - i. Quality assurance measures;
 - j. Risk management and safeguarding measures for PCFB patients;
 - k. Any other applicable information; and
 - l. Appendices (optional).

8.2 Compliance with the Personal Data (Privacy) Ordinance (PDPO)

Inclusion of any personal data in the Technical Proposal, for example, CVs of the key personnel, the tenderer should obtain prior consent from relevant party before transferring the data to PCFB. PCFB will not hold any responsibility for breaching PDPO during the tender submission process.



Part 9 Guidelines and Requirements of Price Proposal

9.1 Tenderers are advised to read the following notes carefully before completing the Price Proposal

COMPULSORY: Tenderers must submit an **all-inclusive unit fee in the Price Proposal Form** (Appendix VI) for the provision of the following services:

- The SP shall refer to service requirements when preparing the Price Proposal.
- One supervised rehabilitation exercise training session shall last from 45 to 90 minutes. Payment will be based on a standard 60-minute unit charge.
- No price increases will be permitted during the contract period. The quoted price must remain fixed and valid for the full duration of the contract.
- Unless under special circumstances and with the Board's prior approval, patients may attend a maximum of 3 exercise sessions per week. PCFB will not pay for any sessions in excess of this limit.
- The SP is required to conduct an assessment before a patient's first exercise session, or when a patient returns to the centre after a suspension of exercise of 3 months or longer. The fee for such assessment must be the same as the unit fee quoted above.
- PCFB will pay only where the full services have been provided. No payment will be made for incomplete services.
- No cancellation or no-show fee should be charged to PCFB.



Part 10 Requirements for Tender Submission and Closing Date

- 10.1** Each completed tender, with all documents and information required, must be submitted in the following manner strictly; and be placed and sealed in two separate envelopes in which –
1. A completed Technical Proposal Form and 3 copies of Technical Proposal with all documents and information required should be submitted together with one softcopy (in MS Word format saved in a USB device). These should be placed in a sealed envelope, which should be marked “*Tender submission: Provision of Supervised Exercise Training Service in Rehabilitation Centre for CCR Programme - Technical Proposal*”; and
 2. A completed Price Proposal Form and 3 copies of Price Proposal should be placed in another sealed envelope marked “*Tender submission: Provision of Supervised Exercise Training Service in Rehabilitation Centre for CCR Programme - Price Proposal*”.
- 10.2** If there is any discrepancy between the soft copy and the hard copy, the hard copy will prevail.
- 10.3** All tenders must be addressed to **Dr. Jovi Lam, Executive Director** and deposited in the Tender Box situated at 15/F, Nam Wo Hong Building, 148 Wing Lok Street, Sheung Wan, Hong Kong before the Closing Date. **Late submission and tenders that are submitted by post, email or facsimile will NOT be considered.**
- 10.4** In case a black rainstorm warning signal or tropical cyclone warning signal No. 8 or above is hoisted or “extreme conditions” arising from a super typhoon or other natural disaster of a substantial scale is announced at any time between 9:00 am and 12:00 noon on the Closing Date, the closing time will be postponed to 4:00 pm on the first working day after the black rainstorm warning signal has ceased or the tropical cyclone warning signal No. 8 is lowered, or the “extreme conditions” announcement is no longer valid.
- 10.5** If the tenderer discovers any error in its tender after submission, an amendment is allowed before the Closing Date.
- 10.6** All tender documents will not be returned to tenderers.
- 10.7** Closing Date: **16 November 2026 (Monday) at 12:00 noon**. The tender shall be valid for 180 days after the Closing Date.



Part 11 Assessment and Tender Award

11.1 Assessment

Assessment will be conducted in two separate parts with different weighting as below:

1. Technical assessment – 70%, site visit(s) may be required by PCFB, and the tenderer must arrange the visit within a reasonable time after receiving the notification. Tenderers must obtain a passing mark of 50% in the technical assessment in order to be considered for award.
2. Price assessment – 30%

11.2 Assessment Criteria for Technical Proposal

1. The overall design, quality, coverage, capacity of the centre, sessions offered to PCFB patients and comprehensiveness of the proposed services based on the tender requirements;
2. The qualifications, and relevant experience of key personnel responsible for providing the services, including adequacy of staffing levels and coverage;
3. The suitability and accessibility of the proposed facilities and equipment (including maintenance, hygiene, and capacity to deliver the required services);
4. The quality assurance arrangements and approach to monitoring performance and outcomes, including service standards, continuous improvement, and feedback/complaints handling;
5. A reliable system for personal data recording, protection, and reporting, including controls to safeguard confidentiality, security, and data quality; and
6. The safety, risk management, and safeguarding arrangements for PCFB patients (including screening, supervision, emergency response, and incident reporting).

11.3 Tender Assessment Panel

This tender exercise is steered and assessed by the Tender Assessment Panel of PCFB.

11.4 Other Conditions

1. PCFB **may not accept the lowest-priced tender** or any tender, and reserves the right to negotiate with any awarded tenderer(s) about the terms of the offer.
2. PCFB reserves the right to reject any or all of the tenders.
3. PCFB will not disclose the fee or any information to a third party.
4. PCFB's decision will be final. All information related to the selection such as scores and comments will be treated as confidential.
5. PCFB reserves the right to grant similar contracts to more than one tenderer at any time (not necessarily at the same price).

11.5 Notice of Tender Result

PCFB will notify the successful tenderer(s) the results by writing before June 2027. A service agreement will be signed between PCFB and the selected SP(s). The SP will only be confirmed after the service agreement has been signed. Unsuccessful tenderer(s) will not be notified.



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11.6 Service Commencement Date

1 July 2027 or a later date mutually agreed by the PCFB and SP.

11.7 Timeline*

Date	
15 October 2026	Issue a tender invitation, including publishing an open tender notice in Chinese- and English-language newspapers, and the PCFB website
22 October 2026	Online briefing session
16 November 2026	Tender closing date
January to February 2027	Shortlisted tenderers will be invited to present their tender proposal (the exact time to be announced)
May to June 2027	Appoint the service provider(s)

**The above is a tentative tender timetable and will be adjusted in line with the actual progress.*



Part 12 Supplementary Information

12.1 Addendum

PCFB may issue an addendum to the terms and conditions set out in the Tender Documents before or after the Closing Date. If such an addendum is issued after the Closing Date, tenderers may be asked to confirm compliance with the addendum, failing which their tenders may be disqualified.

12.2 Documents of Tenderers

PCFB is not obliged to return any tender submissions to the tenderers and documents submitted by unsuccessful tenderers may be destroyed not less than three months after the Contract Commencement Date.

12.3 Prevention of Bribery

1. Tenderer's attention is drawn to the Prevention of Bribery Ordinance (Cap. 201) in particular section 4 where it is provided, inter alia but without limitation, that any person, whether in Hong Kong or elsewhere, without lawful authority or reasonable excuse, offers any advantage to a public servant as an inducement to or reward for or otherwise on account of that public servant's assisting or favouring any person in the transaction of any business with a public body shall be guilty of an offence. Any contravention by a tenderer of the Prevention of Bribery Ordinance (Cap. 201) will, without prejudice to other rights and claims of PCFB against the tenderer arising from such contravention, entitle PCFB to disqualify its tender.
2. The tenderer shall not, and shall procure that its employees, agents and subcontractors shall not, offer, solicit or accept an advantage as defined in the Prevention of Bribery Ordinance (Cap. 201) in connection with the tendering and execution of this contract of procurement.
3. Failure to so procure or any act of offering, soliciting or accepting advantage referred to in (a) above committed by the tenderer or by an employee, agent or sub-contractor of the tenderer shall, without affecting the tenderer's liability for such failure and act, result in his tender being invalidated.

12.4 Disclaimer

All information, statistics, forecasts and projections provided by PCFB in connection with this invitation to tender (including those set out in the Tender Documents) (collectively "Information") are for reference only. PCFB gives no warranty, representation or undertaking as to their accuracy, reliability or completeness. PCFB accepts no liability whatsoever for (a) the accuracy, completeness or reliability or otherwise of any such Information; (b) any claim, legal proceeding, liability, loss (including any direct or indirect loss, and any loss of revenue, profit, business, contract or anticipated savings) or damage (including any Terms of Tender direct, special, indirect or consequential damage of any nature whatsoever); and (c) any increased costs and expenses, which any Tenderer or any other person may sustain or incur, arising from its reliance on any Information.



12.5 Anti-collusion

1. By submitting a tender, the tenderer represents and warrants that in relation to the Tender:
 - i. It has not communicated and will not communicate to any person other than PCFB the amount of any price submitted in its tender;
 - ii. It has not fixed and will not fix the amount of any price submitted in its tender by arrangement with any person;
 - iii. It has not made and will not make any arrangement with any person as to whether it or that other person will or will not submit a tender; and
 - iv. It has not otherwise colluded and will not otherwise collude with any person in any manner whatsoever in the tendering process.
2. In the event that the tenderer is in breach of any of the representations and/or warranties in Clause 12.5 herein, PCFB shall be entitled to, without compensation to any person or liability on the part of PCFB –
 - i. Reject the Tender;
 - ii. If PCFB has accepted the Tender, withdraw its acceptance of the tender; or
 - iii. If PCFB has entered into the contract with the tenderer, terminate the contract.
3. The tenderer shall indemnify and keep indemnified PCFB against all losses, damages, costs or expenses arising out of or in relation to any breach of any of the representations and/or warranties in Clause 12.5.1 above.
4. Any breach of any of the representations and/or warranties in Clause 12.5.1 above by the tenderer may prejudice the tenderer's future standing as a PCFB contractor.
5. Clause 12.5.1 above shall have no application to the tenderer's communications in strict confidence with its own insurers or brokers to obtain an insurance quotation for computation of the tender price, or with its professional advisers, consultants or sub-contractors to solicit their assistance in the preparation of tender submission.
6. The rights of PCFB under Clauses 12.5.1 above are in addition to and Terms of Tender without prejudice to any other rights or remedies available to it against the tenderer.

12.6 Prohibition of Anti-Competitive Conduct

1. The tenderer shall not and shall ensure that his agents and employees shall not contravene a competition rule or have been involved in a contravention of a competition rule under the Competition Ordinance (Cap 619). Any breach of or non-compliance with these clauses by the tenderer shall, without affecting the tenderer's liability for such breach or non-compliance, invalidate his tender.
2. If the SP/contractor or any employee or agent of the SP/contractor shall be found to have reasonable cause to believe have contravened a competition rule or have been involved in a contravention of a competition rule under the Competition Ordinance



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(Cap 619) in relation to the tender or the contract, PCFB may terminate the contract without entitling the SP/contractor to any compensation therefore, and the SP/contractor shall be liable for all losses and expenses necessarily incurred by PCFB as the result of such termination of the contract.

12.7 Safeguarding National Security in Hong Kong

1. The tenderer shall ensure that his agents and employees shall take into account their duty to safeguard national security and shall not be engaged in any acts or activities that are likely to constitute or cause the occurrence of offences endangering national security or which would otherwise be contrary to the interest of national security. Any breach of or non-compliance with these clauses by the tenderer shall, without affecting the tenderer's liability for such breach or non-compliance, invalidate his tender.
2. If the SP/contractor or any employee or agent of the SP/contractor shall be found to have engaged or is engaging in acts or activities that are likely to constitute or cause the occurrence of offences endangering national security or which would otherwise be contrary to the interest of national security in relation to the tender or the contract, PCFB will immediately terminate the contract without entitling the SP/contractor to any compensation therefore, and the SP/contractor shall be liable for all losses and expenses necessarily incurred by the PCFB as the result of such termination of the contract.

Part 13 Briefing Session, Registration and Enquiries

An online briefing session will be held, with the following information:

Date: 22 October 2026 (Thursday)

Time: 15:00

Interested tenderers must register by emailing at or before 17:00 on 20 October 2026, stating name, company, job title, phone number, email address, and number of attendees. PCFB reserves the right to refuse anyone who has not registered.

Registration and Enquiries

Mr. Anthony Chung

Prevention, Rehabilitation and Research Officer

Tel: 3578 8102

E-mail: antchung@pcfb.org.hk

~ END ~

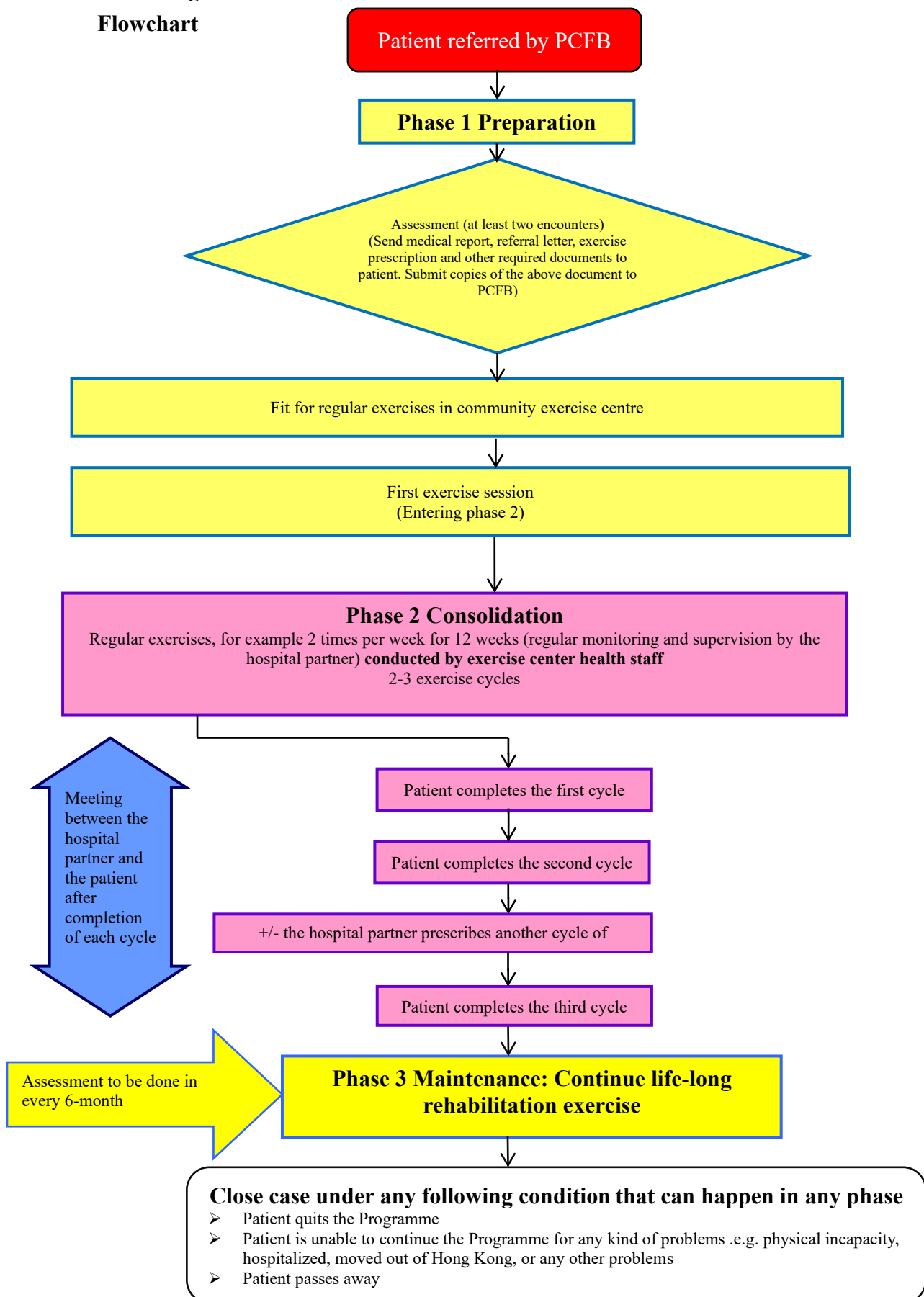
Age and Residential Distribution of Patients (As at 31 July 2026)**Age distribution**

Age range	Count	% Distribution
Below 60	29	2.1
60-69	403	28.7
70-79	712	50.7
80 and above	260	18.5
Total	1 404	100

Residential distribution

Region	Count	% Distribution
HK Island	160	11.4
Kowloon		
Kowloon East	326	23.2
Kowloon Central	181	12.9
Kowloon West	252	18.0
New Territories		
New Territories East	320	22.8
New Territories West	159	11.3
Non-Hong Kong	6	0.4
Total	1 404	100

CCR Programme Flowchart



「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第1級)

耐力 /
帶氧運動

1. 跑步機步行-1:每小時 1.0- 1.2 公里(10 分鐘)
2. 健身單車 - 第 1 級阻力 (10 分鐘)

強化／阻力



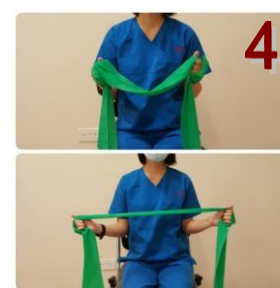
坐著抬腿
(無負重+/-1 磅)



肩膊運動牽引



坐立運動
(黃/紅色彈力帶)



上肢運動
拉開黃/紅色彈力帶



坐著踏步運動
(無負重+/-1 磅)

平衡力

1. 雙臂打開單腳站立(綠色) 氣墊上
2. 向橫行走 ; 倒後行走



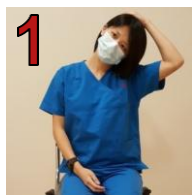
雙臂打開單腳站立
(綠色) 氣墊上

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第1級)

伸展／柔軟度

1. 坐式肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 坐式上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展

2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第2級)

耐力 /
帶氧運動

1. 跑步機步行-速度:每小時 1.3- 1.5 公里(10 分鐘)
2. 健身單車 - 第 2 級阻力 (10 分鐘)

強化／阻力



坐著抬腿
(1.5 磅)



坐著雙手前推運動
左右手腕負重 1.5 磅



坐立運動
(紅/綠色彈力帶)



上肢運動
拉開紅/綠色彈力帶



站立踏步運動
下肢負重 1.5 磅

平衡力

1. 雙臂打開單腳站立(藍色) 氣墊上
2. 向橫行走 ; 倒後行走



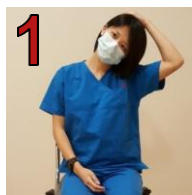
雙臂打開單腳站立
(藍色) 氣墊上

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第2級)

伸展／柔軟度

1. 坐式肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展

2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第3級)

耐力 /
帶氧運動

1. 跑步機步行-速度:每小時 1.6 – 2.0 公里(10 分鐘)
2. 健身單車 - 第 3 級阻力 (10 分鐘)

強化／阻力



坐著抬腿
(2.5 磅)



坐著雙手前推運動
左右手腕負重 2.5 磅



坐立運動
(綠/藍色彈力帶)



上肢運動
拉開綠/藍色彈力帶



站立踏步運動
(下肢負重 2.5 磅)

平衡力

1. 雙臂舉起單腳站立(藍色) 氣墊上
2. 向橫行走；倒後行走



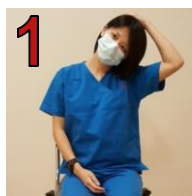
雙臂舉起單腳站立 (藍色) 氣墊上

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第3級)

伸展／柔軟度

1. 坐式肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展

2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第4級)

耐力 /
帶氧運動

1. 跑步機步行-速度:每小時 2.0 – 2.5 公里(10 分鐘)
2. 健身單車 - 第 4 級阻力 (10 分鐘)

強化／阻力



坐著抬腿
(3.5 磅)



推胸運動
第 1 級



坐立運動
(藍/黑色彈力帶)



健身器
二頭肌屈曲
肩胛後縮(第 1 級)



站立踏步運動
(下肢負重 3.5 磅，或
踏步機 - 第一級)

平衡力

1. 雙臂打開單腳站立 (黑色) 氣墊上
2. 向橫行走；倒後行走



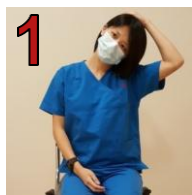
雙臂打開單腳站立(黑色) 氣墊上

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第4級)

伸展／柔軟度

1. 坐式肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展

2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第5級)

耐力 /
帶氧運動

1. 跑步機步行-速度:每小時 2.5-3.0 公里(10 分鐘)
2. 健身單車 - 第 5 級阻力 (10 分鐘)

強化／阻力



坐著抬腿
(3.5 磅 +/- 紅色彈力帶)



推胸運動
(第 2 級)



坐立運動
(黑/銀色彈力帶)



二頭肌屈曲
肩胛後縮
(第 2 級)



踏步機
(第 2 級)

平衡力

1. 雙臂舉起單腳站立(黑色)氣墊上
2. 雙臂打開，前腳腳跟對後腳腳尖站立
3. 向橫行走；倒後行走；交叉腳行走



雙臂舉起單腳站立
(黑色)氣墊上



腳跟對後腳腳尖站

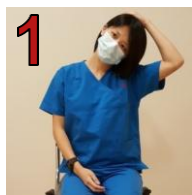


「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第5級)

伸展／柔軟度

1. 坐式肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展

2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第6級)

耐力 /
帶氧運動

1. 跑步機步行-速度:每小時 2.5-3.0 公里，斜度 1 (10 分鐘)
2. 健身單車 - 第 6 級阻力 (10 分鐘)

強化／阻力



坐著抬腿
(3.5 磅 +/- 綠色彈力帶)



推胸運動
(第 3 級)



坐立運動
(黑/銀色彈力帶)



二頭肌屈曲
肩胛後縮
(第 3 級)



踏步機
(第 3 級)

平衡力

1. 雙臂舉起單腳站立(黑色) 氣墊上
2. 行鋼線-腳尖對準腳跟，輪流換腳
3. 向橫行走；倒後行走；交叉腳行走



雙臂舉起單腳站立
(黑色) 氣墊上



腳跟，輪流換腳

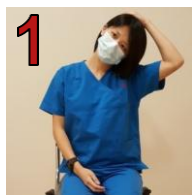


「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第6級)

伸展／柔軟度

1. 坐式肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展

2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第7級)

耐力 /
帶氧運動

1. 跑步機步行-速度:每小時 3.0-3.5 公里，斜度 1 (10 分鐘)
2. 健身單車 - 第 7 級阻力 (10 分鐘)

強化／阻力



健身器
坐著抬腿
(第 2 級)



推胸運動
(第 4 級)



蹲坐站立
(黃色運動球)



二頭肌屈曲
肩胛後縮
(第 4 級)



踏步機
(第 4 級)

平衡力

1. 單腳站立(黑色)氣墊上(加上肢活動，如拍手)
2. 行鋼線-腳尖對準腳跟，輪流換腳
3. 向橫行走；倒後行走；交叉腳行走
(加上肢活動，如拍手)



單腳站立 (黑色) 氣墊上(加上肢活動，如拍手)



行鋼線-腳尖對準



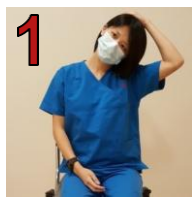
交叉腳行走

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第7級)

伸展／柔軟度

1. 站立肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 站立上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展
2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第8級)

耐力 /
帶氧運動

1. 跑步機步行-速度:每小時 3.5-4.0 公里，斜度 2 (10 分鐘)
2. 健身單車 - 第 8 級阻力 (10 分鐘)

強化／阻力



健身器
坐著抬腿
(第 3 級)



推胸運動
(第 5 級)



蹲坐站立
(紅色運動球)



二頭肌屈曲
肩胛後縮
(第 5 級)



踏步機
(第 5 級)

平衡力

1. 單腳站立 (黑色) 氣墊上 (加上肢活動，如拍手)
2. 行鋼線-腳尖對準腳跟，輪流換腳
3. 向橫行走；倒後行走；交叉腳行走
(加上肢活動，如拍手)



單腳站立 (黑色) 氣
墊上 (加上肢活
動，如拍手)



行鋼線-腳尖對準
腳跟，輪流換腳



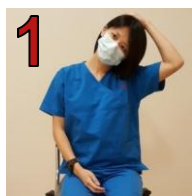
交叉腳行走

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第8級)

伸展／柔軟度

1. 站立肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 站立上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展
2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第9級)

耐力 /
帶氧運動

1. 跑步機步行-速度:每小時 3.5-4.0 公里，斜度 3 (10 分鐘)
2. 健身單車 - 第 8 級阻力 (10 分鐘)

強化／阻力



健身器
坐著抬腿
(第 4 級)



推胸運動
(第 6 級)



蹲坐站立
(紅色運動球)



二頭肌屈曲
肩胛後縮
(第 6 級)



踏步機
(第 6 級)

平衡力

1. 單腳站立 (黑色) 氣墊上 (加上肢活動，如拍手)
2. 行鋼線-腳尖對準腳跟，輪流換腳
3. 向橫行走；倒後行走；交叉腳行走 (加上肢活動，如拍手)



單腳站立 (黑色) 氣
墊上 (加上肢活
動，如拍手)



行鋼線-腳尖對準
腳跟，輪流換腳



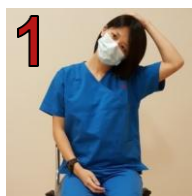
交叉腳行走

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方(第9級)

伸展／柔軟度

1. 站立肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 站立上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展
2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方 (第10級)

耐力 /
帶氧運動

1. 跑步機步行-速度:每小時 4.0-4.5 公里，斜度 2 (10-15 分鐘)
2. 健身單車 - 第 9 級阻力 (10-15 分鐘)

強化／阻力



健身器
坐著抬腿
(第 5 級)



推胸運動
(第 7 級)



蹲坐站立
(紅色運動球)



二頭肌屈曲
肩胛後縮
(第 7 級)



踏步機
(第 7 級)

平衡力

1. 單腳站立 (黑色) 氣墊上 (加上肢活動，如拍手)
2. 行鋼線-腳尖對準腳跟，輪流換腳
3. 向橫行走；倒後行走；交叉腳行走
(加上肢活動，如拍手)



單腳站立 (黑色) 氣
墊上 (加上肢活
動，如拍手)



行鋼線-腳尖對準
腳跟，輪流換腳



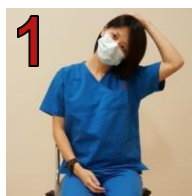
交叉腳行走

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方 (第10級)

伸展／柔軟度

1. 站立肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 站立上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展
2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方 (第11級)

耐力 /
帶氧運動

1. 跑步機步行-速度:每小時 4.0-4.5 公里，斜度 3 (10-15 分鐘)
2. 健身單車 - 第 10級阻力 (10-15 分鐘)

強化／阻力



健身器
坐著抬腿
(第 5 級)



推胸運動
(第 7 級)



蹲坐站立
(紅色運動球)



二頭肌屈曲
肩胛後縮
(第 7 級)



踏步機
(第 8 級)

平衡力

1. 單腳站立 (黑色) 氣墊上 (加上肢活動，如拍手)
2. 行鋼線-腳尖對準腳跟，輪流換腳
3. 向橫行走；倒後行走；交叉腳行走 (加上肢活動，如拍手)



單腳站立 (黑色) 氣
墊上 (加上肢活
動，如拍手)



行鋼線-腳尖對準
腳跟，輪流換腳



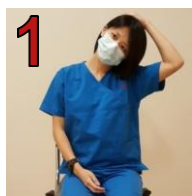
交叉腳行走

「肺塵埃沉着病及間皮瘤病人 社區綜合復康計劃」

運動處方 (第11級)

伸展／柔軟度

1. 站立肩膊 / 胸 / 上背伸展 (每次 15 秒)
2. 站立上肢伸展：三頭肌 / 二頭肌 / 手腕伸展 (每次 15 秒)
3. 站立下肢伸展：四頭肌 / 腳繩肌 / 小腿 (每次 15 秒)



肩膊伸展



肩膊伸展



上背伸展



1. 胸伸展
2. 二頭肌伸展



手腕伸展



三頭肌伸展



四頭肌伸展



小腿伸展



腳繩肌伸展

呼吸

1. 噉唇式呼吸
2. 腹式呼吸

Technical Proposal Form
Appendix IV

1. Organisation / Centre	1. Name of organisation/centre: _____ _____ 2. _____ years of experience in providing relevant rehabilitation exercise training services
2. Number of physiotherapists (PT) with a valid practicing certificate issued by the Physiotherapists Board of Hong Kong, and with at least 5 years post-registration experience involved in this Programme	Total No.: (If available, please submit CV of PT(s) as an attachment.#)
3. Number of available service days^ per week for PCFB patients ^One day refers to not less than 8 service hours.	Per week:
4. Number of maximum sessions* per week and per month on weekday offered for PCFB patients *One session refers to a range of 45 to 90 minutes per patient.	Per week: Per month:
5. Number of minimum sessions* per week and per month on weekday guaranteed for PCFB patients *One session refers to a range of 45 to 90 minutes per patient.	Per week: Per month:
6. Capacity for PCFB patients in one session	No. of patients:
7. Equipment for exercise items Provide necessary equipment (please refer to Part 6.1)	1. Treadmill (YES / NO); 2. Stationary bike (YES / NO); 3. Sandbags/ankle weights (YES / NO); 4. Theraband or resistance putty (YES / NO); 5. Functional training space/weighted options (YES / NO); 6. Pulley set (YES / NO); 7. Theraband/Putty (YES / NO); 8. Multi-gym machine (YES / NO); 9. Stepper (YES / NO); 10. Balance disc (YES / NO).
8. Equipment for exercise items Able to provide equipment with advanced features (e.g. VR, AR or others)#	Provide equipment with advanced features (e.g. VR, AR or others) (YES / NO); If yes, please specify how many advanced features are included and what those features are: _____ _____
9. Centre's accessibility	Address: _____ _____ The nearest MTR station: _____ - Can the centre be assessed within 10 minutes walking distance from MTR station? (YES / NO) - Is there at least 1 public transport to travel directly from MTR station to the centre (travel time within

	15 minutes)? (YES / NO) ; If yes, please specify which public transport. _____ - Is there an accessible route from the centre entrance to the passenger loading area (wheelchair accessible)? (YES / NO)		
10. Availability of first aid appliances, certified first aider(s), and automated external defibrillator in the centre	First aid appliances (YES / NO) Certified First aider(s) (YES / NO) Automated external defibrillator (YES / NO) (If yes, please provide a photo for each item.)		
11. Availability of a resting place for patients in the centre	Resting place for patients (YES / NO) (If yes, please provide a photo.)		
12. Availability of a waiting area for carers in the centre	Waiting area for carers (YES / NO) (If yes, please provide a photo.)		
13. A crowd control plan for PCFB patients If available, please submit more information as an attachment.#	Is any crowd control plan in place? (YES / NO) (The item listed above should be supported by the relevant documentation.)		
14. Risk management and safeguarding measures for PCFB patients If available, please submit more information as an attachment.#	Are any risk management and safeguarding measures in place? (YES / NO) (The item listed above should be supported by the relevant documentation.)		
15. A quality assurance system If available, please submit more information as an attachment.#	Is any quality assurance system in place? (YES / NO) Any annual internal audit to be arranged? (YES / NO) Any annual external audit to be arranged? (YES / NO) (The items listed above should be supported by the relevant documentation.)		
16. A personal data record and protection system If available, please submit more information as an attachment.#	Is any data record and protection policy in place? (YES / NO) Any staff training record? (YES / NO) Any internal or external audit record? (YES / NO) (The items listed above should be supported by the relevant documentation.)		
Declaration by the Service Provider's Authorized Representative			
I/We (i.e. the Tenderer) certify that the information provided in the above form(s), the contents of the attachments submitted, and all related supporting documents are true, accurate, and correct. I/We understand that any false and/or incorrect information will render this tender invalid. I/We have carefully read the entire Tender document and understand, agree to comply with, and accept all terms and conditions set out therein.			
Name of Authorized Representative:		Signature of Authorized Representative and Company Chop Date :	
Position of Authorized Representative, Email and Telephone:			
Contact person and position:		Contact number and email:	

Notes: The electronic version can be downloaded from the PCFB's website.

Please provide details on a separate sheet and submit it as an attachment.

Marking Scheme of Technical Score and Calculation

Items	Maximum Score	Marking Guidelines
1. Experience of organisation in providing relevant services	5	Years of experience
2. Professionalism and experience of registered physiotherapist(s) (PT) involved in the Programme	15	Number of PT(s) with a valid practicing certificate issued by the Physiotherapists Board of Hong Kong, with at least 5 years post-registration experience
3. Capacity of the Centre 3.1 Number of available service days [^] per week offered for PCFB patients 3.2 Number of maximum sessions* on weekday offered for PCFB patients per month 3.3 Number of minimum sessions* on weekday guaranteed for PCFB patients per month 3.4 Capacity for PCFB patients in one session	20	^One day refers to not less than 8 service hours. *One session refers to a range of 45 to 90 minutes per patient.
4. Crowd control plan of this Programme	5	The crowd control plan should include, but not limited to booking and access controls, supervision arrangements for service, space and flow management, overflow contingencies, safety and incident prevention for service periods or other necessary information.
5. Equipment for exercise items 5.1 Provide necessary equipment (please refer to Part 6.1) 5.2 Able to provide equipment with advanced features (e.g. VR, AR or others)	20	5.1 Acceptable equipment (or equivalent) including: 1.Treadmill; 2.Stationary bike; 3.Sandbags/ankle weights; 4.Theraband or resistance putty; 5.Functional training space/weighted options; 6. Pulley set; 7.Theraband/Putty; 8.Multi-gym machine; 9.Stepper; 10.Balance disc. 5.2 Provide equipment with advanced features (e.g. VR, AR or others)

Items	Maximum Score	Marking Guidelines
6. Centre's accessibility	9	Convenient access for patients via the MTR and other public transport, with an accessible route from the centre entrance to the passenger loading area (wheelchair accessible).
7. Availability of first aid appliances, certified first aider(s), and automated external defibrillator	3	
8. Availability of a resting place provided for patients	3	
9. Availability of a waiting area provided for carers	3	
10. Risk management and safeguarding measures for PCFB patients	5	The measures include screening, supervision, emergency response, and incident reporting.
11. A reliable quality assurance system	6	Quality Assurance System, internal audit, external audit (The items listed above should be supported by the relevant documentation.)
12. A reliable personal data record and protection system	6	1. Data record and protection policy 2. Staff training record 3. Internal audit record 4. External audit record (The items listed above should be supported by the relevant documentation.)
Total	100	If the total score is below 50, the tender will be disqualified.

Calculation:

1. Technical score: 70%

$$\frac{\text{Total mark for the technical proposal under vetting}}{\text{Total mark for the tender getting the highest mark}} \times 70\%$$

If the total technical score is below 50 out of 100, the tender will be disqualified.

2. Price score: 30%

$$\frac{\text{Lowest total price}}{\text{Price for the proposal under vetting}} \times 30\%$$

3. Grand Total = Technical Score (70%) + PriceScore (30%)

Price Proposal Form

Unit Price (HK\$) per training session under all-inclusive package	HK\$
Name of Centre	
Centre Address	
Name of Authorized Person	
Position	
Contact Number	
Email Address	
Signature, Company Chop and Date	
Contact Person and Position	
Email Address and Phone of Contact Person	